



## Worcester St Johns Cycling Club

Founded 1888

### WORCESTER ST JOHN'S CYCLING CLUB NEWSLETTER DECEMBER 2008

Welcome to the latest newsletter and what a fantastic year for cycling. Our club continues to grow in numbers as cycling seems to be growing in popularity.

Steve Price broke the 25 record, the team 10 and 25 records, and Holly Page broke the girls 10 record and Joe Page has won the West Midland cross league (incl 4 wins) and Holly won the girls overall and U14 trophy's. Well done!

Meanwhile the Olympians have just swept the board and claimed all the awards up for grabs at the BBC Sports Personality of the Year Award. This can only inspire more people to get into cycling and reap the benefits from using two wheels. Merry Christmas, Happy New Year, Happy Cycling and enjoy the new format newsletter.

Ed Dursley

### A MIDSUMMER'S NIGHT RIDE BY MARTIN STAINES



Strangely there were only three of us who met at the Fox, Monkwood Green for a pint before setting off at 9 pm on Friday 21<sup>st</sup> June 2008. The evening was warm but rain was forecast. Dusk fell and lights on we rode over Ankerdine and through the lanes to Fromes Hill. In Ashperton we saw house lights

start to be turned off for the night and the roads became deserted. Even at midnight when I'd expected party and club goers to be driving home the A438 was quiet.

We turned all lights off for a while and there was nearly enough moonlight to follow the grey tarmac ahead. Dogs barked to each other as we grabbed a snack from our bags in Rushall. The lights of the Marcle Hill radio mast gradually passed by on the right and acted as a good guide for orientation through the night. Up Perrystone Hill and then a long fast descent in to Ross, fast enough for nervous car driver to stay behind us for a mile or two.

Disaster- the 24 hour café I'd planned had apparently closed a few years earlier, however signs pointed us to a truck stop. Bad luck – closed! We stood outside pondering what to do while the dog barked away inside. A door opened and the teenage cook offered tea all round and then beans on toast and we sat at the outdoor tables while giant moths dive bombed all around us. As we finished, drizzle started to fall so we hastily donned capes and pushed north through Phocle green and Kempsey, rapidly moving out of the rain cloud.

Dymock and Brooms Green slipped beneath our wheels and then we arrived at a decision point, home to bed or up the hill? Well it wasn't raining so up we went, able to ride almost to the top of Midsummer Hill (286 metres) passing a walking pair at the bottom. Walking to the summit we stood for half an hour watching the sky with the tinge of dawn beginning in the east and the sheets of mist drifting over the Malverns and the sleeping Mountain Bike Mayhem tents below us in Eastnor Park. The walkers arrived and set up their sleeping bags to watch the sun rise. As the clouds moved up from the south and with the prospect of no visible sun rise we rode the tracks down to the Gullet Quarry and flew down Castlemorton Common. A puncture in Callow End surprised the 4 am motorists as we stood there in the rain yawning.

I was home by 5am and after a few hours sleep I got up at 10 am to get a full day in after a full night's ride.

I hope some of the club will join me in 2009? I'll try and get a confirmed café stop!  
Thanks to Dave & Dan from Kidderminster the only ones ~~foolish~~ brave enough to join me.



## **TIME TRIAL POINTS LEAGUE FOR 2009**

The points is a league system to be introduced for our time trials for 2009. It works from 11 for a win 10, 9, 8 etc, to 1 for everyone taking part. It is for club members only. The womens and junior points will work in the same way.

We will be looking to publicise it on the web site on a weekly basis for friendly rivalry, so people know where they stand from day one.

Cup events score points just like the others except that it is always the scratch result with handicap trophies that score points. For the low gear and 2 up only those on low gears or doing a 2up get full points with the rest getting 1 point for taking part.

## **DAVE WALKER'S ALTERNATIVE EARLY SUNDAY RIDES**

For those who can't do the Club Run and want an early start to the day Dave invites you to join him and others at "Sunday at seven" on the bridge, The reason for the early hour is so we are back home for 10 to spend the rest of the day with our families. Please contact Dave Walker 07799592520 or Sean Dyson 07527067001 if you intend to join them. Typical rides are about 50 mile in about 3 hours, no one will be left behind.

## **BOB'S BASH**

Bobs Bash this year will be close to home. I have booked in at the Barn Owl, Berkeley Way, Warndon for Sunday 18<sup>th</sup> January. I have told them we will start to arrive soon after 12.00 and order from about 12.30.

There will be a normal(ish) Sunday run from the bridge (weather permitting) and if there is enough interest we can arrange shorter runs as well.

The Barn Owl operate a 2 for 1 menu – that is two people booking food together get the cheapest meal for free. For example 2 rump steak dinners are £11.45 (£5.75 each) or 2 steak and ale pie dinners £8.95 (£4.50 each) if you order one of each you would pay the higher price. So buddy up on the day for best value.

There is a good selection of food on the menu and they have a specials board and on Sunday they do Sunday Lunch – all are 2 for 1.

I need to know by Sunday 11<sup>th</sup> January who is coming as they will set aside an area for us. If you decide to come after that just turn up as there is usually lots of space.

I also need to know who would like a shorter bike ride on the day and anyone who would be prepared to lead them and the sort of distances you would like to ride (it is 2.2 miles from the bridge - upwards).

Rick Allen

## **VC Sevale (Malvern) Reliability Rides**

Choice of 2 routes –       Circuit of Bredon Hill, 52 miles  
                                  Tewkesbury Circuit, 35 miles

HQ -                         Barnards Green Cricket Club  
                                  North End Lane  
                                  Malvern

Sunday 11<sup>th</sup> January 2009

Sign on from 09:00

First Group Departs 09:30

Timed Rides with Certificate for Finishers

Further Details from EK Gorton 01684 568015 or [ekgorton@tiscali.co.uk](mailto:ekgorton@tiscali.co.uk)

There will be fast and not so fast groups for both routes. Please encourage your club colleagues to join us in this early season "mince pie remover" event.

## MEMBERSHIP SECRETARIES REPORT

2008 has seen another year of expansion for our club, with rising membership, and the reintroduction after a number of years of the Open 10 mile TT , which incorporated the Midlands Schools Championship.(Thanks to Martin Staines)

Our current paid membership is 108 (which includes 23 family memberships)

Plus an honorary membership of 24

Hopefully we can increase this even further in 2009

Looking forward to 2009, I would like to thank Dave Walker for keeping the Cycle Jumble going.

Also thanks to Sean Dyson for organising a Reliability Trial back into our programme, after a lapse of something like 20 years if my memory serves me right.

I would also like to thank Clinton Hayward for organising our 2 Road Races. The Spring Road Race will now be for 2, 3, and 4 Category riders, to give our current members a chance to compete, and hopefully for some to get their first experience of a road race.

I AM HOPING THAT ALL THESE 4 EVENTS WILL BE WELL SUPPORTED  
BY CLUB MEMBERS, AND SO GIVE SOME SATISFACTION TO THE ORGANISERS  
IN RETURN FOR ALL THE HOURS THEY GIVE.

Our club time trials were well supported in 2008, but we have a problem as we could not fill the vacancies of assistant time keepers at the AGM. It is essential to have two time keepers as finish and start are not always in the same place, and also now having more entrants.

I have volunteered to help Sam at Boxing day trial, and hopefully then feel able to continue through the TT season. If I agree to continue, this will mean that we need volunteers to put up warning signs, as I will only do one job or the other. Ideally this task would be best done by two , having 6 signs and jackets each, and organising between them to cover all TT ( I will still continue to put signs up at the two road races )

I read an article in Cycling Weekly about Hereford Wheelers organising a TT for novices. They had a good turn out, and many subsequently joined the club.

I would like to organise the same thing for our club, Sam is up for this, and it could be organised during May on a Mon or Wed evening on the 5 mile circuit. However we do not feel like going ahead with this, until we have a proper team of time keepers and sign people in position.

I think that Sam must be feeling a bit isolated about next years club TTs We just can,t let Sam do everything, he ideally needs 3or 4 time keepers, 2 to mainly cover holidays, (yes even time keepers like a summer holiday) or possible sickness. As previously mentioned also 2 sign “ putter uppers” to cover all eventualities.THESE POSTS NEED TO BE FILLED VERY SOON, AND NOT AT START OF FIRST TT. SO COME ON LETS GIVE SAM THE SUPPORT HE NEEDS,AND TO KEEP OUR CLUB GROWING.(retired and occational time trialists, partners, anyone who will commit themselves to giving a few hours, which can be very rewarding) I know Sam is quite willing to instruct us to be able to do this task. Have a chat to Sam if considering. 01905 620877 or to me if interested in signs 01905 820587

The consequence of not fulfilling the above, will be only 20 to 25 starters on some courses, or worse still cancellation of some events.

To get off my soap box, I would like to thank Les and Sheilah Bailey for the News Letters over the last few years. I know that Sheilah although not being a club member, gave a lot of time on the computer to help Les. Thanks again Sheilah.

A new club member in 2007 volunteered to find a new supplier of club kit, as it was felt that a better quality was needed but at a reasonable price. Stuart King threw himself into this difficult task plus taking orders from individual members and delivering. Many thanks Stu.

If it is your intention to rejoin in 2009, please fill in membership form in News Letter, and get it to me in Jan, as this will make my job easier.

Hoping you all continue to enjoy your cycling through 2009

Have a Good Christmas

Dave

## **NEW CLUB NIGHT**

Look out on the website for news on a NEW club night starting with the roller racing / training and a social drink perhaps located in a pub. Vince Page is the contact who is just sorting out the rollers before a date is set.

<http://www.worcester-st-johns-cc.org.uk/>

## **FEATHER FLAGS**

These newly acquired banners with the club's name and badge will be used at start and finish of future events to promote the club and also act as markers for the start and finish.

## **CLUB RELIABILITY RIDE**

Worcester St Johns CC Reliability ride will take place from the Worcester Perdiswell Auto Club off A38 behind Bowl Extreme on the Sunday 1st Feb 2009

**£2.50 free tea and cake at finish run by Sean Dyson time 9.30 am start**

## **CLUB OPEN 10**

Martin Staines has confirmed that the 2009 Open '10' will be on Saturday June 27, and will include the regional GHS and a tandem content.

## **CLUB ROAD RACES**

Clinton Haywood has confirmed Sunday 2<sup>nd</sup> August for the 2009 E/1/2/3 RR over 125km of the Kinnersley course, with a 10.00 am start and £15 entry fee. On-the-line entries @ £18.

The Spring RR (Sunday 5<sup>th</sup> April) will be the Gerry Hughes Memorial RR for 2/3/4 over 104km on the Welland course. This will be a West Mids. League event. And the fees will be as the August event. Dorothy Hughes has been thanked for her kind offer of a trophy in memory of Gerry. As it is open to category 4, club members are encouraged to take part if they get a road race licence in advance.

## **CLUB RUNS**

Proposed Club Runs are listed at <http://www.worcester-st-johns-cc.org.uk/>

## **CAPTION TIME**

Thanks to Dave Walker for emailing this photo with the caption "Reckon they'll win"  
– any interesting photos for future newsletters are welcomed to [edursley@sky.com](mailto:edursley@sky.com)



**WORCESTER ST JOHN'S CC 2009 TIME TRIALS**

(PROVISIONAL)

Tuesday evening except where stated

<b>Date</b>	<b>Time</b>	<b>Event</b>	<b>Course</b>	<b>Area</b>	<b>Trophy</b>
<b>APRIL</b>					
7	18.45	10	k47/10h	Old Hills	
14	18.45	10	k46/10b	Broadheath	
21	19.00	10 (2-up)	k46/10	Severn Stoke	
28	19.00	10	k47/10h	Old Hills	
<b>MAY</b>					
5	19.00	19.5 Low Gear	k46/19.5	Ketch	<b>Heron Shield</b>
12	19.00	5	k46/5	Broadheath	
19	19.00	19.5	k46/19.5	Ketch	
26	19.15	14 Hilly	k47/14	Bransford	<b>D&amp;G Hughes cup</b>
<b>JUNE</b>					
2	19.15	10	k46/10n	Norton	
9	19.15	19.5 H'cap	k46/19.5	Ketch	<b>Byrd cup</b>
16	19.15	10	k46/10b	Broadheath	
23	19.15	19.5	k46/19.5	Ketch	<b>Underwood cup</b>
30	19.15	10	k46/10n	Norton	
<b>JULY</b>					
7	19.15	14 Hilly	k47/14	Bransford	
14	19.00	19.5 H'cap	k46/19.5	Ketch	<b>Brittlebank bowl</b>
21	19.00	10	k46/10k	Kinnersley	<b>Kinnersley Cup</b>
28	19.00	10	k46/10b	Broadheath	
<b>AUGUST</b>					
4	19.00	10	k47/10h	Old Hills	
11	18.45	10	k46/10	Severn Stoke	
18	18.45	10	k46/10b	Broadheath	
25	18.45	10	k47/10h	Old Hills	
<b>SEPTEMBER</b>					
1	18.45	Hill climb	kH/1	Ankerdine	<b>Brittlebank cup</b>
<b>Inter-club event with VC Sevale</b>					
5 (saturday)	15.00	10	k46/10	Severn Stoke	<b>James &amp; Dinley cups</b>
<b>DECEMBER</b>					
26 (Saturday)	11.00	10	kc46/10n	Norton	



**Worcester St Johns CC  
Membership form 2009**

Please print this form and complete the information  
then send it with the relevent membership fees to  
Dave Jennings  
The Croft  
Stonehall Common  
Worcester WR5 3QG

**Phone: 01905 820587**

<b>Number</b>	<b>Type</b>	<b>Fee</b>	<b>Total</b>
	Senior Members	@ £10	£
	Family Membership	@ £12	£
	Junior Member	@ £5	£
	Second Claim Member	@ £8	£
		<b>Grand Total</b>	<b>£</b>
	<b>Membership details</b>		
	Rejoining Member	Y / N (please indicate)	
	Forenames		
	Surname		
	Male / Female (please indicate)		
	Address		
	Postcode		
	Telephone		
	E-mail		
	Date of Birth		
	Additional Names	(Family Membership only)	Male/Female
1			
2			
3			
4			

**Your details will not be passed to any other source for any reason  
without your express permission in writing.**

## TRACK TASTER SESSIONS AT HALESOWEN

Would any club members be interested in the experience of riding on the track at Halesowen. This is an outdoor tarmac track of 400 mtr, with bankings of approx 30 Degrees (easy to ride)

The hire of the track plus a coach ( Carl Gregory) is £40.00 per hour

Track bikes with ( fixed wheel and no brakes ) can be hired at £5.00 per session. Your own pedals have to be fitted to be compatible with your shoes.

Own bikes can be used with fixed wheel and brakes removed.

We organised the same about 4 years ago, but only 8 turned up out of 14. Consequently this made it more expensive per person. Those 8 really enjoyed it. Things are not done at racing speeds, as safety, awareness and track rules are instilled. Those riding fixed for the first time are given instruction before getting on the bike. You are not riding round for two hours, but are split into 2 groups, **one group being on the track whilst the other is being instructed ready for their next riding session.**

My proposal is that we book two, 2 hour, sessions on consecutive Sat.afternoons in March or April 2009. We need at least 20 to keep cost reasonable. We can have up to 40. If this comes off, children could be given the chance to ride a few laps of the track, using any type of freewheel bike. They would be riding on their own, as fixed and freewheel are not allowed together. It could also be arranged for them to do "Go Ride" bike handling skills using cones and limbo bars etc in an area of the car park

I would like to make it free for children.

If you are feeling enthusiastic ,please fill in the form below and return to me with new membership form, preferably before next committee meeting on 12<sup>th</sup> Jan.

Dave

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**Adults Names:**

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**Children Names:**

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## TROPHY WINNERS 2008

James Challenge Cup (1924)	Handicap "10"	Jeff Grainger
Ethel Byrd Cup (1926)	Handicap "20"	Carole Caligari
Brittlebank Challenge Cup (1939)	Hill climb	Steve Price
Harvey Cup (1955)	Club time trial points	Dave Preece
Chesterfield Ladies Cup (1955)	Ladies BAR	Maureen Aston
Chesterfield Junior Cup (1955)	Junior club time trial points	Joe Page
"News and Times" Cup (1958)	Club road race	Dan Staite
Ernie Payne Plaque (1961)	Perpetual award to Juvenile Champ Shield	Joe Page
Brittlebank Bowl (1962)	Handicap "25"	Dave Meakin
Farmer Challenge Cup (1962)	Fastest club "25"	Steve Price
Cattlow Trophy (1966)	Men's road race points	Simon Rousell
Schoolboys' Shield (1970)	Juvenile BAR	Joe Page
Underwood Cup (1972)	Club "30"	Dan Jones
Dinley Cup (1972)	Fastest in James Cup "10"	Sean Dyson
Heron Shield (1974)	Low gear "20"	Sean Dyson
F Wilkes Cup (1976)	Open "25"	Steve Price
Fagan Cup (1985)	Ladies' road race points	Holly Page
Charlie Greig memorial trophy (1989)	Open Time Trial	Steve Price
D & G Hughes Cup (1991)	Hilly 14 TT	Simon Garrett

Kinnersley Cup (1992)	Kinnersley "10"	Steve Price
Ladies Points Trophy (2002)	Ladies' time-trial points	Maureen Aston
Bob Short Cup (2003)	Fastest 10 mile Time Trial of the year	Steve Price
<b>New Trophies for 2008</b>		
Track League trophy-	Joe Page	
Fixed /single speed TT points-	Steve Mahon	
Cyclo cross-	Joe Page	
<b>Medals 2008 - Seniors</b>		
Dan Jones	Gold, silver & bronze	
Jason Griffiths	silver & bronze	
Ed Dursley	silver & bronze	
Simon Rousell	silver & bronze	
Dave Meakin	bronze	
Simon Pitt	bronze	
<b>Juvenile</b>		
Joe Page	silver	
Holly Page	bronze	
Terry Chance	bronze	
<b>Veterans</b>		
Duncan Jenkins	silver & bronze	
Rick Allen	silver & bronze	
Jonathon Wheeler	Bronze	

## **Cyclesport Midlands 20th Reliability Trial**

(Tel: 07971 190872)

### **20th Annual Reliability Trial**

**Sunday 18<sup>th</sup> January 2009 - Unfortunately this clashes with Bob's Bash**

NEW HQ – RUSHWICK VILLAGE HALL

**Sign on from 8.45am**

**Start at 9:30am**

Rushwick- Tenbury Wells – Rushwick

Distance 50 miles

Route - Rushwick – Upper & Lower Broadheath - Hallow - Holt Heath - Great Witley - Stockton on Teme – Tenbury Wells – onto B4204 – Upper Sapey - Clifton on Teme – Martley – Lower & Upper Broadheath – Rushwick

**Enter on the day - £2**

Inc Refreshments

Times

**Fast: 2hrs 30 mins.**

**Not So Fast: 2hrs 50 mins**

**2010 Date is 7<sup>th</sup> Feb 2010 for the 21<sup>st</sup> running of the event**

**Wyre Forest Reliability Ride - 15<sup>th</sup> February 2009**



**A clean Dave Walker with Tyler Hamilton (71) of Rock Racing behind him at Tour of Britain – September 2008**

### **E MAIL ADDRESS REQUEST**

Have you not received this in pdf format and want it sooner? If so (or you have newsletter articles) then please email your e mail address to [edursley@sky.com](mailto:edursley@sky.com)